



Operation Hope Lunches Community Service Project

During the school year, each Wednesday morning 35 bagged lunches are lovingly prepared by students in participating teachers' home rooms. The FWMS PTSA and caring parent volunteers arrange for the necessary groceries and the delivery of the lunches to the Operation Hope shelter in Fairfield.

If you are interested in helping out during the 2016/17 school year, either by purchasing the required groceries or delivering the finished lunches to the Operation Hope Shelter, please e-mail [Michele Meehan](mailto:Michele.Meehan) with your name and availability or check the online sign-up.

The PTSA reimburses up to \$50.00 in grocery expenses per week. The reimbursement request form can be [downloaded from the FWMS PTSA website](#).

FWMS Operation Hope Lunch Program – Grocery List - Please deliver the groceries to the FWMS main office by noon on Tuesday of your assigned week

70 slices of deli meat – Any type of deli meat. Pre-packaged meats usually work the best because the slices are thicker, but deli counters can provide an exact amount of the slices needed.

70 slices of cheese – American, Swiss, Monterey jack, etc. Again, the pre-packaged cheese is usually best. Try to stay away from individually wrapped as they are a lot of work to unwrap.

35 pieces of fruit – Large bags of fruit are best...we usually check for specials on fruit, especially apples, pears, oranges, plums, clementines and bananas. Small individual single serving whole fruits work best.

Five giant loaves of WHOLE WHEAT BREAD only – At least 70 slices. Check the number of slices on the package. More often than not, five loaves are needed. -- The Pepperidge Farm Factory store in Norwalk (Staples/Marshall's shopping center) donates the bread, but requires pick-up in the store on Mondays or Tuesdays. They usually donate 10 loaves of whole grain bread. Leftovers go to Operation Hope as well.

35 snacks – Please make the snacks something healthy like a granola bar or whole grain snack.

35 Water Bottles – small; 8 or 16 oz. work well. Store brand is usually the cheapest.

The following only need to be purchased for weeks when school is not in session and the lunches are prepared at a volunteer's home:

35 paper napkins

35 paper lunch bags

35 ziploc style sandwich bags

Directions for Operation Hope Lunch Delivery

Please pick up the prepared lunches at the FWMS main office **as early as 9:00 am Wednesday** morning of your assigned week and drop off the prepared lunches at Operation Hope **no later than 10:30 am**. The lunches are used by the shelter that day. Operation Hope is at 50 Nichols Street, directly behind the town Police Station on Reef Rd. Should you need to contact the shelter, the phone number is [203/254-2935](tel:2032542935).

Driving Directions: Click [here for directions using Google Maps](#).